

Scenario: **WEIGHT - PROMOTE A SHORT BOWL**

Objective:

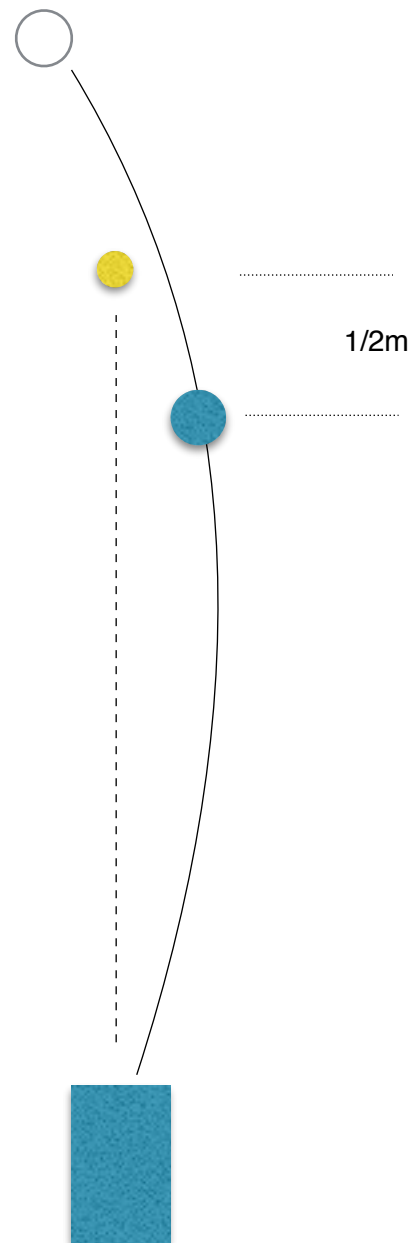
To promote a short bowl so that it becomes shot bowl or finishes close to the jack.

Scoring:

Five points for a miss and less than 1.5m behind jack.

Ten points for a successful hit and promote.

Record last 8 bowls every length or hand.



Method:

Use a jack and one bowl. Position jack at 3/4 length and set a bowl 1/2m short of the jack on it's side and 30cm to the side.

Deliver bowl with enough weight to hit it and promote it forward 1/2m.

As a guide to correct weight, a ratio of 3 to 1 is a suggested start. To promote a bowl 1/2m on grass you need 1.5m extra weight with a narrower green.

Use forehand and backhand and vary length.